

Santo Tirso & Trofa

March 2026



2 nd	Rodrigo B1+ teens	T
4 th	João A2	T
6 th	José A2+ ads	T
6 th	Emilia Français A2	T
7 th	Filipe Aa2	ST
7 th	João B1	T
8 th	Madalena Beg ch	ST
9 th	Inês Beg ch	ST
10 th	Iris Aa2	ST
10 th	M ^a Luísa Beg ch	ST
12 th	José A2	T
13 th	Leonor B ch	ST
13 th	Francisco B1	T
14 th	Enzo A2	ST
15 th	Leonor B1+	ST
15 th	Leonor CAE	ST
16 th	Matilde Aa1	ST
16 th	Diana Beg ch	ST
16 th	Simon A2+ ads	ST
16 th	Rafael B2	ST
17 th	Inês C B1+ teens	T
20 th	Mariana B ch	ST
21 st	Maria A2+ teens	ST
22 nd	Ana Rita B1+ teens	T



Hello March!

There's a lot to celebrate this month:

International Women's Day- 8th

ST Patrick's Day – 17th

Spring Equinox / International Day of Happiness – 20th

World Water Day – 22nd

Tests are from the 23rd to the 27th of March so GOOD LUCK to you all!

22 nd	Susana B1+	T
23 rd	Afonso A2+ teens	T
26 th	Beatriz B1+	ST
27 th	Aixa A ch	T
27 th	Vasco A2+ teens	ST
27 th	Ana Français A2	T
29 th	Rafaela B2	ST
29 th	Matilde FCE	T
29 th	Verónica Français A2	T
30 th	Mariana B ch	T



Hi Mina!

Guess what?

I'm going on a school trip in days to France.

We are travelling by plane. It will be a long journey! We are going to visit a lot of monuments. We are going to see the Louvre Museum, the Eiffel Tower and Disneyland.

We are staying in a hotel opposite the train station.

They say the food is very good! It will be very cool!

I'm going on Monday and coming back on Friday.

See you soon.

Maria, B Ch



I'm a businessman. I have a construction company. I usually work from Monday to Friday.

I always get up at 6 o'clock and then I go to work at 7 o'clock. I always drive to work. I usually arrive at 7.10.

I often have lunch at my mother's house. The food is the best in the world. I usually go home at 8 o'clock. I have dinner with my family at 9 o'clock. I usually go to bed at 10 o'clock. I never watch TV in bed.

Ricardo, A1 Adults

My best friend is called Leonor. She is older than me because she is eleven years old. Leonor has long brown hair and big brown eyes.

We both like to listen to music. She loves to read and she has a lot of books in her bedroom. We are similar but we are also different. Leonor has a sister but haven't any brothers or sisters. She studies in my class and she is very intelligent. Joana Ach



My Best Friend!

My best friend is called Beatriz. She's a lot of fun and cool.

She has blonde hair, green eyes, freckles and wears glasses. She loves football.

We both are tall and we like the same music.

Our favourite subjects are art and P.E.

We love animals.

But we have some differences. Her favourite sport is football and mine is tennis.

She doesn't like cherries, but I love them.

I love my best friend.

Luisa Pinto A Ch



My best friend is Margarida Pinto. She is short and has long brown hair. Her eyes are brown and she has a big smile. She is very friendly and funny.

Margarida is has many interests. She likes doing sports and she loves to read books.

Her favourite food is spaghetti, and she likes chocolate. Her favourite colour is blue. Her favourite animal is the dog.

Margarida is favourite sport is self defence. She is my best friend because she is friendly and fun!!!

Ines Ach





Bittersweet Love Story - Claudia Maia CAE

After watching the trailer of the film “Me Before You”, I thought it would be one of those films with a sad and tragic love story, however something about this particularly sad love story pulled me in and I ended up watching the film.

This film quickly became one of my favorites because it tells the story of a modest and humble girls that didn’t have big aspirations in life, who was wired to work as a caretaker for a man who had become tetraplegic after a motorcycle accident and who had become depressed.

Their journey didn’t begin like those cliché love at first sight stories, actually they had a difficult relationship at first, as their personalities were opposites, se was bully, optimistic and full of energy while he was struggling with accepting his condition and was cold and cynical. After overhearing an argument between the man and his parents she found out that he wanted to go to a clinic on Switzerland for assisted suicide in six months, so she took it upon herself to change his mind by organizing trips and adventures to show him that life is worth living. During this adventure their love grows but the man didn’t’ change his mind and the girl heartbroken struggles to understand his decision.

The film “ME Before You” teaches us that even though we love someone sometimes we have to let them go. By the time the film ended I was in tears not because I was sad that they didn’t get their happy ending but because I realized that the girl showed tremendous courage and strength in staying by his side till the end. For this reason,

I suggest everyone to watch this film at least once and while doing so they should keep an open mind.

From unappealing to life-changing - Lucy CAE

When I came across the news that a film I had particularly enjoyed was getting a sequel I was quite shocked. Not because I was too excited but rather because it was unexpected, having in mind the plot of the first. I’m talking about “The Black Phone 2”.

I cannot lie, I actually had a great time watching the prequel which, as a matter of fact, was quite strange since the film was included in the horror category. Normally, every other genre is far more captivating to me.

Nevertheless, due to its popularity back at its time, I told myself I was able to endure the full 100 minutes without being scared. I believe that by saying I’ve re-watched the whole film four times proves it exceeded my expectations.

However, I could have never predicted the production of a second one. Simply because the original plot felt like a finished story, with no additions that made sense. That idea never left my mind and upon giving the trailer a go, I was fully convinced no one could make me enter the cinema to watch it. The film had been classified as “Restricted to 16-year-old or less” as it contained violence and graphic scenes. That immediately threw me off. Now, I’m glad my friends persuaded me into buying the tickets. The film was absolutely brilliant, from the scene-setting to the soundtrack, inevitable to say I was dumb-founded. The film was action packed, combining both visual and musical effects. It’s impossible to speak about this cinematic craft without mentioning the acting performances.

The two lead characters are played by two young actors that undoubtedly offered every emotion possible.

What surprised me the most by far was show the writers managed to create a whole new storyline coherent with the original screenplay. The rating didn’t lie; the film is not for everybody. It has realistic scenes that might shock some viewers, especially those who are too sensitive. However, I can confidently state that it was one of the best films I’ve ever laid my eyes on, both storytelling and visually wise.





SPRING

WORD SEARCH

WORD LIST

APRIL
BASEBALL
BIRDS
BLOSSOMS
BUMBLEBEE
BUTTERFLIES
CHICK
CLEANING
CLOVER
CROCUS
DAFFODIL
DAYLIGHT
EQUINOX
FLOWERS
FORSYTHIA
GARDEN
JACKET
LADYBUG
MARCH
MAY
PICNIC
PUDDLES
RAINBOW
ROBIN
SEEDS
SHOWERS
SPRING
UMBRELLA



Find the 12 differences



Find the Differences!



CROSSWORD PUZZLE

Spring

Help the ladybird find the flowers.

