



# Newsletter

Santo Tirso / Trofa / Riba d'Ave

No. 9 – June 2015

## HAPPY BIRTHDAY

### June

|                  |           |            |    |
|------------------|-----------|------------|----|
| 1 <sup>st</sup>  | João      | D teens    | T  |
| 2 <sup>nd</sup>  | Ana       | B teens    | T  |
| 2 <sup>nd</sup>  | Adriana   | Beg adults | ST |
| 2 <sup>nd</sup>  | Inês      | B teens    | ST |
| 2 <sup>nd</sup>  | Rita      | FCE        | ST |
| 4 <sup>th</sup>  | Sofia     | C teens    | RA |
| 5 <sup>th</sup>  | Rute      | B teens    | ST |
| 6 <sup>th</sup>  | Pedro     | Beg ch     | RA |
| 6 <sup>th</sup>  | Leonardo  | A ch       | RA |
| 6 <sup>th</sup>  | Marta     | B ch       | ST |
| 6 <sup>th</sup>  | Joana     | CAE        | ST |
| 8 <sup>th</sup>  | Joana     | D teens    | T  |
| 8 <sup>th</sup>  | Serafim   | D teens    | RA |
| 9 <sup>th</sup>  | Fabia     | A ch       | ST |
| 10 <sup>th</sup> | Diogo     | B ch       | T  |
| 11 <sup>th</sup> | Ana Rita  | A ch       | ST |
| 11 <sup>th</sup> | Beatriz   | B ch       | ST |
| 11 <sup>th</sup> | Simão     | B teens    | T  |
| 13 <sup>th</sup> | Diogo     | C teens    | ST |
| 14 <sup>th</sup> | Margarida | Bch        | T  |
| 14 <sup>th</sup> | Ana       | A adults   | ST |
| 14 <sup>th</sup> | Margarida | C adults   | T  |
| 16 <sup>th</sup> | Rodrigo   | Beg ch     | ST |
| 19 <sup>th</sup> | João      | A ch       | St |
| 19 <sup>th</sup> | Francisco | B teens    | ST |
| 21 <sup>st</sup> | Jorge     | FCE        | RA |
| 23 <sup>rd</sup> | Carolina  | C teens    | RA |
| 23 <sup>rd</sup> | Maria     | FCE        | ST |
| 24 <sup>th</sup> | Maria     | Beg ch     | T  |
| 27 <sup>th</sup> | Bianca    | B ch       | ST |
| 28 <sup>th</sup> | Ana Inês  | D teens    | ST |
| 28 <sup>th</sup> | Pedro     | D adults   | ST |
| 29 <sup>th</sup> | Francisca | Aa         | ST |
| 30 <sup>th</sup> | Beatriz F | A ch       | ST |
| 30 <sup>th</sup> | João      | C teens    | ST |
| 30 <sup>th</sup> | André     | CAE        | ST |

(RA) Riba D'Ave – (ST) St Tirso – (T) Trofa

On Sunday, 17th May, some of the teachers from the Institute participated in the 5km run / walk for women. The proceeds went to IPO Porto. We had fun and it was quite a sight to see 15,000 women all in pink t-shirts.



**FUNNY QUOTES** – Have you ever said anything silly, or even stupid, only to realise later how it sounded? We all have. Here are some funny quotes from famous people. ☺

- \* I think that gay marriage is something that should be between a man and a woman. – **Arnold Schwarzenegger**.
- \* Sure there have been injuries and deaths in boxing – but none of them serious – **Alan Minter – boxer**
- \* Smoking kills. If you're killed, you've lost a very important part of your life. – **Brooke Shields - actress**
- \* So, where's the Cannes Film Festival being held this year? **Christina Aguilera - singer**
- \* I've never really wanted to go to Japan. Simply because I don't like eating fish. And I know that's very popular out there in Africa. – **Britney Spears - singer**
- \* I've never had major knee surgery on any other part of my body. – **Winston Bennett – basketball player**
- \* I have opinions of my own – strong opinions – but I don't always agree with them. – **George Bush – ex President**
- \* To me, the greatest book of all time is The Bible because

there's some religious stuff in it. – **Jim Rosenberg - author**

\* Sometimes in football you have to score goals. – **Thierry Henry - footballer**

\* "So Carol, you're a housewife and mother. And have you got any children?" – **UK TV presenter**

\* If we do not succeed, we run the risk of failure. – **Dan Quayle – ex Vice-President of USA**

\* Sometimes they write what I say and not what I mean. – **Pedro Guerrero – baseball player**

\* For most people, death comes at the end of their lives. – **US newsreader**

\* China is a big country, inhabited by many Chinese.- **Charles de Gaulle, former French President**



# Student's work

Corunha is a city of Spain, it is near Santiago de Compostela. In Corunha there are lots of services, such as clinics, cafe shops, restaurants, parks, ponds, stadiums and shops. This city is smaller than Oporto but has more population. There are many people in the streets, in shopping centres, a lot of traffic and several tourists, specially Portuguese. On Sunday, only restaurants, pubs and bakeries are open.

My boyfriend and I were in a village this weekend that belongs to Corunha and it is all very quiet and deserted. There are various animals such as horses, cows, sheep and a lot of "Espigueiras". There are a lot of fields, forests, some small churches, some tractors, some cafes that are always full. It is a very good place to relax, because there isn't pollution and it is a coastal area with water all around.

The weather is very unstable: it's raining; it's sunny; it's dry or fine; it's cloudy; it's windy; it's cool.

*(Ana Neves – A adults – Trofa)*

## ***Museums with very few visitors should close***

In my country the investment in culture is overlooked, however, the culture is essential for the personal development of the citizens. For that, in my point of view, the museums with few visitors should remain open.

Many people argue that museums should be mainly concerned about getting revenues allowing them to be sustainable.

As we know, the museums' revenues are largely linked to the number of visitors but, if on the one hand, it is important to consider that incoming, on the other hand, we must ensure that the main purpose of the museum is to promote culture.

For this issue, the government has an important role to play. Funds should be more available and actions should be taken in order to advertise, educate and encourage people to enjoy the culture. In my opinion, these measures should be enough to increase the numbers of visitors in these places.

In conclusion, we must look to the museums like a place to learn, to grow, and to get culture. We need to encourage everyone to visit museums and in the future, there will not be museums with few visitors.

*(André Pedrosa – D adults – Trofa)*

## ***Fashion industry***

The fashion industry connects people from across the planet. Consequently, it causes effects on people's lives and from my point of view, these could have positive and negative effects.

The industry dictates the way we dress ourselves. In fact, it helps people dress well. Fashionable clothes make us more presentable. That is why every week stores come out with new clothes knowing that everybody, even he people with low confidence, will buy them. That is where fashion helps, but that is also where fashion turns into an obsession.

Fashion trends are often launched by rich people. What celebrities wear is entitled "fashion" and easily coveted, but not everyone has the money to buy such brands or designer clothes all of the time, unless they spend money they do not have.

In most cases, especially teens, they have to wear what their parents can afford for them. These children who do not have fashionable clothes get made fun of. In consequence, when they get teased, they can not concentrate in school or have fun.

In conclusion, the fashion industry has a big influence on people. On the one hand it helps people to feel good. On the other hand, it becomes an obsession and it does more harm than good.

*(Ana Matos – D adults – Trofa)*

## ***"There are too many soap operas on TV." – Do you agree?***

Every time I turn on the television, I always find more than one channel passing soap operas. In my opinion there is definitely too many soap operas on TV for the following reasons.

Firstly, if you compare the number of soap operas with any other television programme, the soap operas completely dominates. This is not fair for people who like other type of programmes, for example, sports, politician or films.

Secondly, TV shows soap operas at any time: in the morning, at the afternoon and at night, all the week, and that is really boring.

Finally, TV does not show just new soap operas, it shows old ones too. Many people, including me, do not like soap operas and prefer to see a good film or a good match of sport.

To conclude, I think TV should show less soap operas, especially at the week. Instead it should show more sports, more films and new programmes, where they should talk about important and real things that are happening in the world.

*(Pedro Santos – B adults – Trofa)*

Hi! I'm going to speak about what I would change in my school.

In my school I would change many things: have more green spaces in order to talk and play; the library would be bigger and better; some teachers should explain and exercise better; the conditions of the classrooms should be better for students to feel more at ease and get better grades and the employees, and students should be more educated.

If my school improved these aspects, students would perform better and will be a much better space.

**(Simão Carvalho – B chn – Trofa)**

### **My favourite TV programme**

Hello! My favourite TV programme is Masterchef Portugal because I love food.

The judges are demanding and the competitors are perfectionists.

Every week, the competitors go to a region of the country.

It's good because I learn the traditions and food of this region.

Of course I like the programme because I start to cook.

The only thing I don't like in the programmer is the elimination of competitors.

Every Saturday, I turn on the TV and see the world's best programmer.

**(Diogo Andrade- A chn-Trofa)**

### **Are there too many reality shows on TV?**

Everytime I turn on the television, I'm sure to find a soap opera. If I change channels, there will probably be a soap on other channels too. At the weekends we watch programmes of parties across the country, "Somos Portugal", "Portugal em Festa". In my opinion there are not many reality shows on TV for the following reasons.

Firstly; if you compare reality shows with soap operas, soap operas completely dominate. The only place where you can watch more reality shows, I think is on MTV channel or Sic Mulher, which you can only watch on Zon or Meo TV.

Secondly, if you research, reality shows are only made once a year. Usually they start in September and finish in December, New Year's Eve.

Thirdly, I also believe that at the weekend most people want to relax in front of the television. Many people, including me, don't like reality shows and prefer to watch good films or series.

To conclude, I think TV doesn't show many reality shows, but the opposite. They show more soap operas or programmes of parties, especially at the weekend.

Instead, channels should show more films or series at the weekend or news programmes that should talk about important things that are happening in the world.

**(Raquel Machado-B Adults- St Tirso)**

### **Mystery Beach Camp**

Would you like to try beach sports? The fantastic "Mystery Beach Camp" is made for you.

In this camp you can solve sea mysteries with your team.

Of course, you aren't just going to do that. You're also going to solve them while you're doing water and beach sports.

First, you can go diving and exploring caves under the sea.

When you enter the camp an instructor gives you a mystery to solve. You will need to do all kinds of sports to solve it. You may need to go sky diving, or kayaking or simply swimming.

The amazing sea offers you an amazing experience and great fun.

Finally, at night, you'll sleep in tents and you'll be able to talk about the mysteries around "Mystery Beach Camp".

Who knows? You can even find mermaids...

**(Sofia and Mariana-B Children-St Tirso)**

Portugal is a small country in Europe and it's the country where I was born, I grew up and live so far.

In this country, we can find many beautiful beaches, many monuments and many natural parks where people could relax, being far away from the stress of the city and being with their friends.

It's a country much sought after by tourists, because it's a beautiful country and the Portuguese people are very hospitable, friendly and supportive.

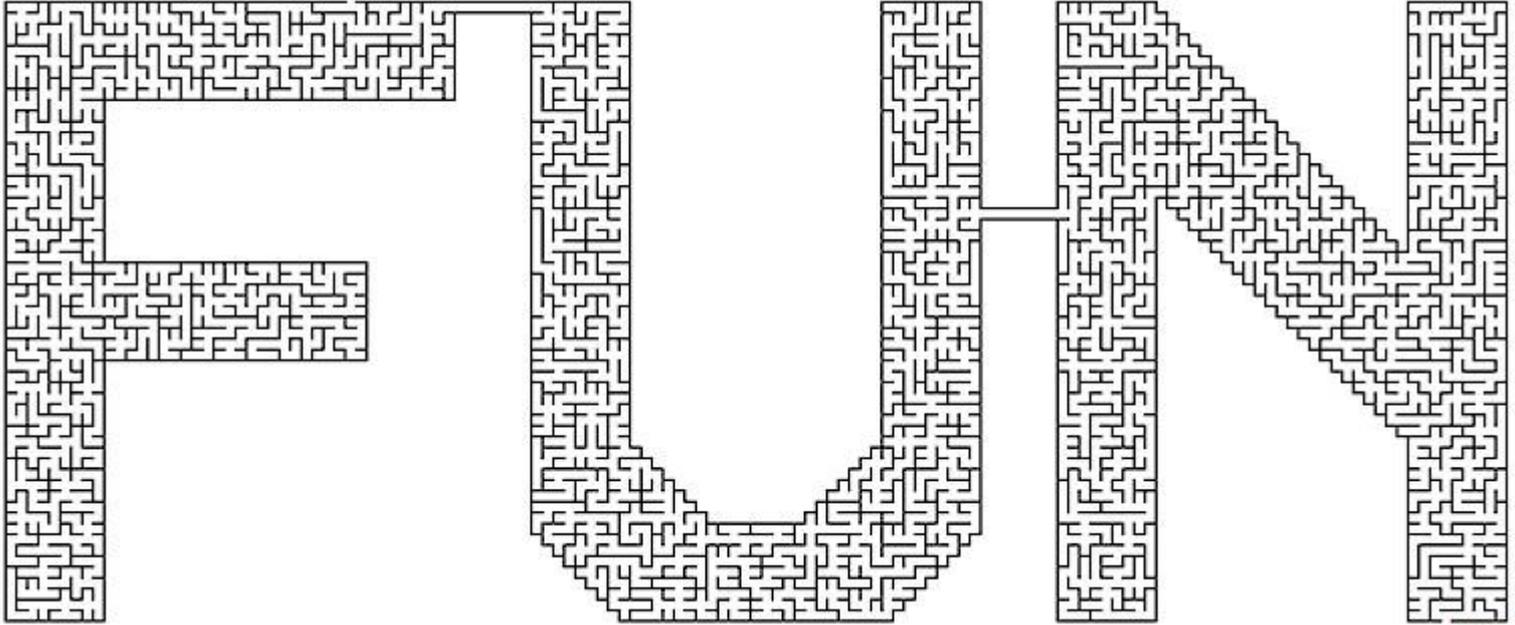
In this country, wages are lower compared to most European countries, and so our low purchasing power. However, in Portugal we can be proud of being a peaceful country.

In conclusion, Portugal is a beautiful country with many things to do and many places to visit.

**(Cátia Gomes – A adults – Trofa)**

# Puzzle Page

start



finish

WELCOME SUMMER



C X A G N B H R T I E S V E I L F R U G A D H B T I J N K  
 A A T R H J W K K E O Y F P O U Q I W X R I F B L E U K  
 M B M N T K E C R E A M R X S H E R R H F S S E G I V R H  
 P I L D V I C E C G P D S H E R R H F S S E G I V R H  
 N A P B O V L A H O P G Q J R N S K K L D R C L P E D  
 G R P H U L A O F J Z L A A W E K R L A K G O M H N  
 M O D N A O P Y J G O H X I Q J W E K R L A K G O M H N  
 W L F X P Y J G O H X I Q J W E K R L A K G O M H N  
 E L H F J C A U G U S T I Q I C R X L S U P Z T M G  
 O E B S P C A U G U S T I Q I C R X L S U P Z T M G  
 V R G U H T D E R T N C H A R O M H R L E E D E A F  
 D C H N R V J T N C H A R O M H R L E E D E A F  
 P O P S I C L E S T Y K C S G N A E M I E F A H A Q  
 E A X C C W E T Y K C S G N A E M I E F A H A Q  
 S S T R N O N E G H W O E V X B P A R A D E S  
 H T U E A D J U L Y R I B J R K E Y M M G H E V  
 A E S E T D F F G H A J M K L L Z C X C V S B N S  
 A R S N A D F F G H A J M K L L Z C X C V S B N S  
 M Q W E L R T U C I I O P K A H S D A A F G C  
 H J K L I Z X A C V B N N M N Q R W L E L N U I  
 R T Y E E U V I O P A G S D I F G G H J P A J N  
 Z X N C V B N F D H J T R R H R J N K L E S G W C  
 I U E R K S E N O C W O N S P U P C I H G E W I  
 J W H C O O K O U T S W E E S D L K I J F M D P

- AUGUST
- BEACH
- BIKES
- CAMPING
- CARNIVAL
- COOKOUTS
- FIREFLIES
- FIREWORKS
- FISHING
- FLIPFLOPS
- FUN
- HULA HOOPS
- ICE CREAM
- JULY
- JUMPROPE
- JUNE
- MOVIES
- PARADES
- PARTIES
- PICNICS
- POOL
- POPSICLES
- ROLLERCOASTER
- SANDALS
- SPLASH
- SPRINKLER
- SNOWCONES
- SUNGLASSES
- SUNSCREEN
- SWIMMING
- THEME PARK
- VACATION